



## Training Boot Camp 2019

In our 4<sup>th</sup> year for 2019 Race SoCal and Jussi Vehvilainen of JPV Racing have joined forces to offer the ultimate winter training camp in Southern California. Ex MX1 GP podium finisher, multi-time Finnish national champion and current Team Finland MXoN team manager, Jussi, will work with all riders on and off the track to help them achieve their own individual motocross goals. All Boot Camp packages include Accommodation, Bike Hire, on bike technique training, off bike fitness training and race weekends all in a goal oriented environment.

**About Jussi:** Probably the most successful Finnish motocross racer since World Champion Pekka-Vehkonen, it was apparent early on that Jussi was a huge talent while racing the national championship at home in Finland. He started racing MXGP in the late 90s and his big break came in 2001 when he was signed by Team CAS Honda, then the HRC Factory Honda team. During his career Jussi has stood on the podium with MXGP legends such as Stefan Everts, Josh Coppins and Mickael Pichon as well as two time AMA Supercross Champion Chad Reed. Jussi was also selected to be on Team Finland for the MXoN 8 times and in 2002 and 2003 finished on the podium in 3<sup>rd</sup> place. In Zolder 2003 Jussi lead Team Finland to a podium and the team was only beaten by Belgium and the USA, this race featured the legendary battle between Stefan Everts and Ricky Carmichael. After a 10 year MXGP career Jussi raced his final season in 2007 to a 3<sup>rd</sup> place overall finish in the MX3 World Championship. Since retiring Jussi has spent his time training up and coming racers of all levels putting on many training camps per year. Jussi is also a frequent fixture in the MXGP pits still working with current top riders from Finland such as Harri Kullas. Jussi has also been the Team Manager for Team Finland at the MXoN for the 9 years since he retired.



**The Boot Camp:** Staying at Race SoCal’s new 2 acre facility in Menifee Ca, you will have access to all the best motocross facilities in Southern California. Race SoCal’s new facility has 7 bedrooms, 5 bathrooms, a game room, TV room, outdoor swimming pool and spa, full laundry facilities and a fitness room with all the basic gym equipment you will need for training. This is the perfect base for you to spend your winter training camp. You will have the option to use one of Race SoCal’s Honda rental bikes for the duration of your stay or if you do an 8 week “Super Boot Camp” we will purchase a brand new bike of your choice for the duration of your stay. The Boot Camp price includes everything you will need so you can focus solely on riding and training. A self-serve breakfast will be available each morning and at the track your track fees, fuel, pit support, lunch and refreshments are also included. Training with Jussi is also included in the price for 4 days per week training at the track and two days per week training in the gym.

**Provisional Weekly Schedule:**

<u>Day</u>	<u>Location</u>	<u>Training</u>
<b>Monday</b>	Lake Elsinore	Technique Training
<b>Tuesday</b>	Perris	Speed Training
<b>Wednesday</b>	Home Gym	Strength Training
<b>Thursday</b>	Glen Helen	Endurance Training
<b>Friday</b>	Home Gym	Recovery Training
<b>Saturday</b>	Race REM	Race Training
<b>Sunday</b>	Arrivals/Departures	Day Off

- This is a provisional schedule and tracks, activities can change depending on week and the needs of the riders present. The tracks we use are Lake Elsinore, Milestone, Perris, Starwest, Pala, Cahuilla, LACR, Competitive Edge and Racetown 395.
- 8 weeks accommodation
- 32 days riding including track fees, fuel, pit support etc
- 8 weeks training with Jussi on and off the bike
- Brand new bike, any brand or size on first day riding
- Ticket to any AMA Supercross events we attend while you are here

**\$12,000 USD all inc**

If you want to enquire about a different length of time or a more custom package please e-mail Jussi. [jussimx@gmail.com](mailto:jussimx@gmail.com) or [jpv@racesocal.com](mailto:jpv@racesocal.com) .